Prayer

1. Begin by reminding yourself that God is directing and leading you into prayer.
2. Imagine the place where the story is taking place.
3. Ask for the grace for an interior knowledge of our Lord who became human for me, that I may love him more intensely and follow Him more closely.
4. As I contemplate I will ask myself:

   What do I see?

   What are the persons saying?

   What are they doing?

5. During the prayer – choose only one passage of scripture. You may repeat a scripture on more than one day. You do not have to do all the suggested scripture.
6. At any time, you may enter into a conversation (colloquy) with Jesus about what you are experiencing. I will speak from my deepest self asking that I may more deeply know the Lord.
7. End the prayer with an Our Father, Hail Mary or Glory Be
8. Reflect on what happened as you prayed and Journal (write or draw) a short paragraph about what happened and your primary felt experience.

Matthew 3: 13-17   Jesus leaves home and goes to John at the Jordan
Matthew 4:1-17     Jesus goes to the desert to pray
Matthew 4: 18-22   Call of the Disciples
Matthew 9:18-26    Healing of the woman and the young girl
Matthew 16:24-28   Conditions of Discipleship
Matthew 17:1-8     Transfiguration
Hosea 2:14-20      I will lead her into the desert

Following Jesus Week 6