Say Yes to Safe Sleep Pledge

My Say Yes to Safe Sleep Pledge to: ____________________

I love you and promise to:

• Make sure that you always sleep alone, and on your back, in your crib or bassinet, even during naptimes.
• Check to make sure your crib is safety approved, and the mattress is firm and fits close to the sides of the crib or bassinet.
• Remove toys, heavy blankets, comforters and bumper pads from your crib, bassinet or pack and play.
• Keep you away from places where people smoke.
• Teach anyone who takes care of you about keeping you safe when you sleep.

Signature: ____________________  Date: ________________

Signature: ____________________  Date: ________________

SafeSoundBabies.com