

Our Babies:
safe&sound

Say Yes to Safe Sleep Pledge

My Say **Yes** to Safe Sleep Pledge to: _____

Name of baby

I love you and promise to:

- Make sure that you always sleep alone, and on your back, in your crib or bassinet, even during naptimes.
- Check to make sure your crib is safety approved, and the mattress is firm and fits close to the sides of the crib or bassinet.
- Remove toys, heavy blankets, comforters and bumper pads from your crib, bassinet or pack and play.
- Keep you away from places where people smoke.
- Teach anyone who takes care of you about keeping you safe when you sleep.

Signature: _____ Date _____

Signature: _____ Date _____

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