

# Need a Way to Stand Out from the Crowd?



Becoming an IWE Certified Wellness Ambassador helps deserving young adults stand out from the crowd and make a difference.

Wellness Ambassadors complete a self-paced, 36-hour interactive online certification course where they learn how to use powerful strategies to achieve their personal goals for school, work, and life...and earn community service hours helping others, too!

- **Earn 3.0 college credits** toward your career in health sciences
- Accrue hours toward the **Barbara James Service Award**
- Prepare for the **Healthy Lifestyle Competitive Event**
- Get a **head-start on a new career** that's taking off in today's healthcare systems
- **Help family, friends, and others** in your community make changes that lead to a happier, healthier life

**SPECIAL OFFER**  
**20% DISCOUNT**  
**USE COUPON CODE:**  
**HOSA\_A2014**

"I'm really inspired now to live more healthy because I learned how to set goals I can reach."  
—**Mike, High school junior**

"Thorough, well organized, amazing!"  
—**Jeanne O, Health Educator Kaiser Permanente**

"Fantastic opportunity for students! Gives them skills that are critical to their success."  
—**Christine G, High school teacher**

Find out more at: [www.instituteforwellness.com/ambassador](http://www.instituteforwellness.com/ambassador)