



April 2014

## Things Your Toddler Can Do

Activities for Physical Health and Well-Being

### Welcome Spring!!!!



Dates to Remember:

April 18- Staff Development Day

**BCLC Closed**

April 20- Easter

April 21- Staff Development Day

**BCLC Closed**

**Reminder to Parents:**  
Please make sure that you send your child with a change of clothes each day and proper attire for outdoor play.

### Themes of the Month

April Showers

Easter

Color: Red and Shape: Circle

### Caring for Oneself

Model healthy physical care. Let's floss and brush our teeth together.



### Climbing, Jumping, Lifting

Look for opportunities for unstructured movement everyday. I love to watch you run!



### Practicing with Purpose

Allow your child to explore drawing and writing with appropriate materials and supervision.



You made really big marks. Can you make some that are tiny, too?

### Participating in Daily Routines

Invite your child to help in a safe way with activities such as cooking and cleaning. Isn't it fun to make good food together?



## Healthy Snack

### Kiwi Strawberry Smoothie

- 1 Banana
  - 6 Strawberries
  - 1 Kiwi.
  - 1/2 cup Vanilla Frozen Yogurt
  - 3/4 cup Pineapple/Orange Juice
- Blend all ingredients in blender until smooth and enjoy

### Transportation News

Reminder to Parents

Please call BCLC at 7:00 am if your child will not be attending.

School Age parents please call prior to 1:00

In order for transportation to run smoothly we must all work together

Thank you all for your cooperation.

## **Family Child Care: What is it?**

A Provision of caring for children in a home setting. There may be no place like home for your child, but finding a quality in-home child care provider can be the next best thing.

Family childcare providers care for children in their own home. The children are in a mixed age group with a low adult to child ratio of usually 6 to 1. Care can be more personalized and individual and the routine may be more flexible. Child turnover is low as most providers have the same children from birth until they are ready for kindergarten. This creates a bond between provider and child as well as provider and parent as they participate in all the stages of a child's early years together. Parents often get to know their providers personally. After all, they are in their home and become acquainted with their family. Parents and providers develop strong relationships and team together to work towards a successful childcare experience for everyone. Issues such as feeding, potty training, behavior, socialization and early education can be resolved through mutually beneficial communications.

All providers with Beverly Children's Learning Center are licensed through the Department of Early Education and Care of MA. Providers receive yearly training hours and are fully certified in First Aid and CPR. We currently have providers in Beverly, Peabody and Danvers.

**If you are interested in Family Child Care for your child or maybe you would like more information on becoming a Provider please contact me at Beverly Children's Learning Center 978-927-1269 ext. 206.**

Pamela Caldwell

Family Child Care Director