

Preparing for Surgery

Pre-operative testing and visit

Once your surgery is scheduled a pre-opt appointment will be made for you usually 1-2 days prior to surgery. You will need a complete blood count (CBC), chemistry profile, and beta HCG. Beta HCG will not be performed if you are post-menopausal or have had a hysterectomy. You will also be sent to hospital for the blood work and pre-operative check in.

Depending on your medical history, your physician may require additional testing such as: chest X-ray, EKG, medical clearance from a cardiologist, additional blood work.

Medication & Diet

Do not take any aspirin or over the counter products that contain aspirin for one week prior to surgery. Also should not take supplemental Vitamin E one week prior.

If you take medication daily, please check with your prescribing physician for instructions on whether to stop or continue to take them the day of surgery. Medication taken the day of surgery can be taken with a sip of water.

Day of Surgery

You are to have nothing to eat or drink after midnight the night prior to surgery.

No smoking the day of surgery. Wear loose-fitting clothing

Do not bring valuables and remove all jewelry

The Doctor will talk with your family after surgery and with you after you are out of the post opt recovery room.

After Surgery

You will be given your post opt pain medication prescription the day of your pre-opt visit so that you may have the prescription filled prior to surgery. A one week post office visit is recommended and that too can be made at time of pre-opt visit.