

2015 Seniors Directory

Senior Watch Inc. / CARE-ED Learning.....	634-8906 / 1-800-561-2463
Seniors Medic Alert.....	1-800-688-1507
Shoppers Drug Mart (Crown Street).....	636-9610
Social Development N.B.....	1-866-441-4340
St. Joseph's Community Health Centre.....	632-5537
Tele-Care.....	811
Total Ability Occupational Therapy for Everyone.....	652-5353
Vial for Life	
Grand Bay-Westfield / Hampton / Sussex.....	757-1020
Quispamsis / Rothesay.....	847-6300
Saint John.....	658-4549
Vitalaire.....	1-800-362-2473
We Care Home Health Services.....	657-2273

Housing

Carleton Kirk Complex Inc.....	643-7040
Charlotte Court.....	466-1759
Chateau de Champlain.....	633-1195
CMHC.....	1-800-668-2642
Hillcrest Village.....	672-6041
Home Energy Assistance Program.....	1-800-669-7070
Housing Alternatives.....	632-9393
Killam Apartments.....	652-7368
Kings Valley Manor.....	847-5343
Legion Court.....	847-7998
Loch Lomond Villa.....	643-7175
Nursing Homes – contact Social Development N.B.....	1-866-441-4340
New Brunswick . Office of the Rentalsman.....	658-2512
Outflow Mens Shelter.....	634-7021
Saint John Non Profit Housing.....	658-1925
Special Care Home Assoc. Inc.....	643-8514
Trinity Bicentennial Apartments.....	763-3183

Recreation / Leisure / Learning

Boys & Girls Club Saint John	634-2011
Canada Games Aquatic Centre.....	658-4715
Carleton Community Centre (Shuffleboard).....	214-7003
Libraries, Fundy Region	
Kennebecasis Valley.....	849-5314
Saint John (Uptown).....	643-7236
Saint John (East).....	643-725
Saint John (West).....	643-7260
Market Place Wellness Centre (Pickleball, Dancing, Zumba).....	674-4335
New Brunswick Community College (Saint John).....	658-6600
New Brunswick Federation of Senior Citizens.....	1-800-453-4333
Recreation / Leisure, Municipal Departments	
Grand Bay-Westfield, Town of.....	738-6423
Quispamsis, Town of.....	849-5778
Rothesay, Town of.....	848-6606
Saint John, City of.....	658-2908

Royal Canadian Legion, NB Command.....	634-8850
Saint John Arts Centre.....	633-4870
Saint John Learning Exchange.....	648-0202
Saint John Volunteer Centre.....	658-1555
Salvation Army Family and Community Services.....	634-1633
For Information on Seniors' Clubs - Senior's Resource Centre.....	633-8781
Senior Watch Inc / CARE-ED Learning.....	634-8906 / 1 800-561-2463
University of New Brunswick Saint John.....	648-5670
Walks n' Talks.....	672-8601
YMCA.....	634-7720
Zoomers on the Go.....	632-5537

Transportation

A2BTransportation.....	631-0968
Handi-Bus.....	648-0609
Saint John Transit.....	658-4700



The toll-free Seniors Information Line provides basic information about provincial programs and services and assists older adults to navigate their way through the various government departments and agencies

Call Seniors Information Line:
1-855-550-0552

Thank You To Our Sponsors



Senior Watch Inc.
dedicated exclusively to senior care

Senior Watch provides compassionate, personalized in-home and in-hospital Senior Care, 24/7 in the Saint John area. We are committed to meeting the physical and emotional needs of clients and families ensuring the highest level of care. This is achieved by employing compassionate caregivers who have been trained to the highest standards using a gerontology-based curriculum.

Call:

634-8906



Produced By



Human Development Council



Senior Watch Inc.
dedicated exclusively to senior care

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Counselling & Support

Canadian Mental Health Association
Saint John.....633-1705
Canadian Red Cross, Friendly Visiting & Telephone
Reassurance Programs.....674-6132 / 1-800-588-4881
CHIMO Suicide Crisis Line Inc.....1 800-667-5005
CNIB.....634-7277
Community Mental Health Services
Saint John.....658-3737
Family Plus / Life Solutions.....634-8295
Gentle Path Counselling.....652-7284
Human Development Council - 211NB
Information on Programs/Services in Saint John.....633-INFO(4636)
RidgeWood Addiction Services (Saint John).....674-4300
Saint John Deaf and
Hard of Hearing Services.....633-0599 / TTY 634-8037
Seniors Resource Centre.....633-8781
Senior Watch Inc. / CARE-ED Learning.....634-8906 / 1-800-561-2463
St. Joseph's Community Health Centre.....632-5537
Victorian Order of Nurses.....635-1530
Legal / Safety/ Food
AMBULANCE / EMERGENCIES.....911
Canada Revenue Agency
Canada Pension Plan / Old Age Security1-800-277-9914
GST/HST.....1-800-959-1953
Income Tax Enquiries.....1-800-959-8281
TTY 1-800-255-4786
Domestic Violence Action Group.....632-5616
Financial and Consumer Services Commission.....1-866-933-2222
Fraud – Call the Saint John Police.....648-3333
Fundy Region Transition House.....466-4485
Hestia House.....634-7571
Legal Aid New Brunswick.....633-6030
Low-Income Seniors Benefit.....1-800-277-9914
Meals on Wheels
Community Meals on Wheels Saint John Inc.....658-1888
Kings Valley Wesleyan Meals on Wheels.....847-5343
St. Mark's Meals on Wheels.....849-5111
New Brunswick Justice and Consumer Affairs.....658-2400
Office of the Rentalman.....658-2512
RCMP.....1-800-665-6663
Rothesay Regional Police Force.....847-6300
Romero House.....642-7447
Saint John Food Purchase Club.....632-5537
Saint John Police Force (Non Emergency).....648-3333
Salvation Army, Hope Cafe.....634-1633

Service Canada1-800-622-6232
TTY 1-800-926-9105
Service New Brunswick - information on provincial government
programs and services (e.g. property tax, motor vehicles; disabled
parking permits, birth / death certificates).....658-2500
Social Development N.B.(Affordable Housing, Social Assistance,
Long-term Care, Adult Protection).....1-866-441-4340
Sussex Vale Transition House.....433-1649
Veterans' Affairs
English.....1-866-522-2122
French.....1-866-522-2022
Volunteer Income Tax Program
Seniors Resource Centre.....633-8781
For Other Locations Call Human Development Council.....633-4636
Health / Home Care (including Equipment & Relief Care)
Alzheimer Society, New Brunswick.....459-4280
Alzheimer Society, Saint John Branch.....634-8722
Arthritis Society, Saint John Branch.....1-800-321-1433
Assessments Plus.....657-7587
BaysHore Home Health.....633-9588
Bellwether Healthcare Solutions Inc.....1-866-788-8500
Bobby's Hospice.....632-5593
Breast Screening - Saint John area (St. Joseph's Hospital).....632-5566
Canadian Cancer Society, Southern District Office.....634-6277
Canadian Diabetes Association.....693-4232
Canadian Red Cross.....674-6200 / 1 800-588-4881
Centenary Queen Sq. Care Centre, Adult Outreach Centre.....657-6681
CNIB.....634-7277
Extra Mural Program
Kennebecasis Valley.....848-4600
Saint John.....635-8686
Foot Care
Comcare Health Services.....634-1505
Footech.....657-0800
Integrity Home Health Services.....657-1273
Jackie's Foot Care.....696-7672
Orthopedics Plus.....633-1312
Senior Watch Inc.....634-8906
Ther-a-ped.....632-9397
VON.....635-1530
Go-Ahead Seniors Healthy Active Living Program for the 50 Plus
Saint John.....849-1947
Harding Medical.....633-5097
Heart & Stroke Foundation.....634-1620
Home Hair Care, Genas Mobile.....672-3333

Hospitals - including clinics and health centres:

RidgeWood Veterans Wing.....635-2420
Saint John Regional Hospital.....648-6000
St. Joseph's Hospital.....632-5555
Medical Clinics:
Crown Street Medical Clinic.....635-2273
KV Medical Clinic.....849-2273
Market Place Wellness Centre.....674-4335
St. Joseph's Community Health Centre.....632-5537
St. Joseph's Hospital Walk-In/Urgent Care Centre.....632-5700
West Side Medical Clinic.....693-2273
Integrity Home Health Service.....657-1273
Kings County Home Care Services Ltd.....847-5295
KV Hearing Centre.....847-3030
Kindred Home Care.....608-0775
Lawtons Home Health Care.....635-1126
Lifeline
Saint John Regional Hosp. Auxiliary, Lifeline Program.....648-6692
Loch Lomond Villa, Seniors Outreach Program.....643-7140
MedicareNB.....1-800-684-7901
Medichair.....693-3330
Meditrust Pharmacy.....674-4444
Metro Health Services Inc.....648-6150
New Brunswick Heart Centre.....648-7782
New Brunswick Prescription Drug & Seniors' Health Benefit Programs -
Medavie Blue Cross.....1-800-332-3692
Nursing Homes: Call Social Development N.B.....1-866-441-4340
Parkinson Society.....1-800-663-2468
Private Duty Nurses Registry.....647-5375
Public Health, Saint John.....658-2454
Quality Respiratory Care Inc.....638-8401
Red Cross Seniors' Rehabilitative Equipment Program.....674-6200
Riley Home Health Service.....672-1943

GOT QUESTIONS?

GET ANSWERS

The Community Information Centre is your one stop shop for information on programs and services in Saint John

Call 633-4636

OR

Visit

www.saintjohninfo.ca



“The Best Service to find the Right Service”