



# Tabernacle Christian Childcare & Learning Center



## Sudden Infant Death Syndrome (SIDS) and the Child Care Provider

Dear Parents,

Providing your infant with a safe environment in which to grow and learn is of extreme importance. To that end, policies and procedures have been implemented by our child care facility to create a safe sleep environment.

We follow the recommendations of the AAP and the Consumer Products Safety Commission regarding ways to reduce Sudden Infant Death Syndrome (SIDS). SIDS is the sudden death of an infant under one year of age which remains unexplainable after a thorough case investigation, including the performance of a complete autopsy, examination of the death scene, and review of clinical history. We adhere by the following guidelines:

- All infants will be placed on their backs in a crib that is safety-approved by the U.S Consumer Product Safety Commission for sleep. If a physician and parents request an alternate sleep position, a waiver form **MUST BE** completed.
- Infants will not sleep on waterbeds, sofas, soft mattresses, or other soft surfaces
- Soft materials (pillows, quilts, comforters, sheepskins, stuffed toys, loose bedding) will not be placed in the infant's sleeping environment.
- Infants will never share a crib with other children.
- Infants will remain lightly clothed and comfortable while sleeping.
- Supervised "tummy-time" will be observed while the infant is awake.
- No smoking will ever be allowed in the infant's environment.

Since the start of the 1994 nationwide campaign which provided these guidelines, the number of infants dying of SIDS has decreased by 42%.