

BEHAVIOR CONTRACTS

Behavior contracts should generally be written for things that violate rights & responsibilities or house expectations. If a behavior cannot be described in writing, it isn't a good candidate for a behavior contract.

This is progress, not perfection. If someone is put on a contract for not making noise after 10:00 because they have been waking up the children by laughing and talking after 10:00, the fact that two weeks later they come back at 10:15 with a friend and wake up a child does not negate two weeks of better behavior. People whose behavior is getting better should be congratulated, not beaten up because their behavior is not perfect. This is especially true in DV houses. People do not need to be continually beaten up.

Behavior contracts are written by the member who is being put on the contract and accepted by the house. The reason for this, is that the member needs to be clear about what they are being put on the contract for. The best way of knowing that they are clear is for them to write it out in a way that the house agrees with.

- Contracts should only be written at house meetings and witnessed at house meetings.
- They should be specific.
- They should be limited to one behavior to a contract.
- They should not last more than 30 days.
- Contracts should be reviewed at every subsequent house meeting.

**Member Contract
For
Disruptive and/or Relapse Behavior Patterns**

Member under contract: _____

Length of contract: _____; Date of end of Contract: _____

This contract represents our concern and responsibility as Oxford House Members, to help you help yourself, we have observed:

Behaviors and/or Patterns:

1. _____

Contract Terms

Step 1. _____

Step 2. _____

Step 3. _____

I _____ acknowledge and accept full responsibility for my plan of recovery as outlined in this contract. I am fully aware that if I violate the terms of this contract I may be expelled immediately from this Oxford House.

Date _____

Name _____

Signature _____

Witnessed:

_____. Date _____
_____. Date _____
_____. Date _____
_____. Date _____
_____. Date _____
_____. Date _____

Note: To be filled out by member being put on contract.