



**2015-2016**

**Nebraska HOSA  
Member Handbook**

Updated 10/13/2015



## 2015-2016 Nebraska HOSA Calendar

May 27-29, 2015	LAUNCH (training for State Officers)	Lincoln, NE
June 23-27, 2015	<b>National Leadership Conference</b>	Anaheim, CA
July 15-16, 2015	<b>NPower Leadership Conference</b>	UNL East Campus – Lincoln, NE
September 1-15, 2015	Leadership Academy Registration Open	www.hosa.org
September 19-22, 2015	<b>Washington Leadership Academy</b> (for State Officers & NEW THIS YEAR: Chapter Officers)	Washington DC
September 15-Oct 5, 2015	HOSA Health Science Experience in Lincoln Registration Open	www.hosa.org
October 1, 2015	<b>Leadership Academy (for Chapter Officers)</b>	Southeast Community College – Lincoln, NE
October 20, 2015	<b>HOSA Health Science Experience</b>	Bryan College of Health Sciences – Lincoln, NE
November 1-19, 2015	HOSA Health Science Experience in Norfolk Registration open	www.hosa.org
November 2-6, 2015	National HOSA Week	
November 23, 2015	Commissioner Recognition for Excellence in Career Student Organization (Invite Only)	Nebraska State Capital – Lincoln, NE
December 4, 2015	<b>HOSA Health Science Experience</b>	Northeast Community College – Norfolk, NE
January 25, 2016	Next Generation Leadership Symposium	Lincoln, NE
February 1-March 1, 2016	State Leadership Conference Registration Open	www.hosa.org
March 2-16, 2016	Competitive Events Online Testing	www.hosa.org
March 21-22, 2016	<b>State Leadership Conference</b>	University of Nebraska Medical Center – Omaha, NE
May TBA	State Officer Training	TBA
June 21-25, 2016	<b>National Leadership Conference</b>	Nashville, TN

# Nebraska HOSA

Bellevue East High School	Millard West High School
Benson High School	Papillion LaVista High School
Bryan College of Health Sciences	Papillion LaVista South High School
Columbus High School	Plattsmouth High School
Creighton High School	Ralston High School
Fremont High School	Scottsbluff High School
Grand Island Senior High	Scotus Central Catholic High School
Kearney High School	Southeast Community College
Lakeview High School	Thayer Central High School
Lincoln	University of Nebraska Lincoln
Midlands	University of Nebraska Medical Center
Millard North High School	Verdigre High School
Millard South High School	Westside High School

National Membership 2014-2015: 185,000+

Nebraska 2014-2015 Membership: 462

Nebraska was ranked 4<sup>th</sup> nationally for membership growth in 2014-2015 with 41% growth

Nebraska 2015-2016 Membership: 700+

Nebraska was the first state in the country to break a membership increase record in 2015.



Nebraska HOSA

*The mission of HOSA is to enhance the delivery of compassionate, quality healthcare by providing opportunities for knowledge, skill and leadership development of all health science education students, therefore, helping the student meet the needs of the healthcare community.*

# HOSA Conferences

## Leadership Academy

- Who: Chapter Officers and chapter leaders
- What: Leadership and teamwork opportunities
- When: October 1<sup>st</sup>, 2015
- Where: Southeast Community College Lincoln, NE
- Why: Individual leadership development leads to chapter growth and development
- How: Register online September 1-15, 2015
- Cost: Free for chapter officers
- Attire: Business casual (see Attire section)

## HOSA Health Science Experience

- Who: HOSA members and Health Science students
- What: Hands on health science experience including HOSA competitive event simulation
- When: October 20<sup>th</sup>, 2015  
December 4<sup>th</sup>, 2015
- Where: Bryan College of Health Sciences Lincoln, NE (October)  
Northeast Community College Norfolk, NE (December)
- How: Register online by:  
October 6<sup>th</sup>, 2015 (October)  
November 18<sup>th</sup>, 2015 (December)
- Cost: \$15 per HOSA Member  
\$20 for Health Science Students OR  
\$20 for HOSA members to attend both conferences
- Attire: Business casual (see Attire section) No skirts/dresses

## State Leadership Conference (SLC)

- Who: HOSA Members
- What: Fantastic speakers, student recognition, competitive events, service project, and tours
- When: March 21-22, 2016
- Where: University of Nebraska Medical Center (UNMC)
- How: Register by March 1, 2016
- Cost: \$30 registration fee  
\$10 conference t-shirt  
\$10 each lunch ticket
- Attire: General Sessions/Workshops: HOSA official attire or black/navy pants and white shirt, close toed shoes (See attire section)
- Competitive Events: As outlined in National HOSA Competitive Event Guidelines

### **Next Generation Leadership Summit**

- Who: All Nebraska Career and Technical Student Organization Members
- What: The Next Generation Leadership Summit is designed to empower students as thought leaders through research, education, and communication. The Next Generation Leadership Summit is designed to empower students as action makers through networking and collaboration. Students will leave the Next Generation Leadership Summit ready to invent, connect, create, and make things happen!
- When: January 25, 2016
- Where: Cornhusker Hotel, Lincoln, NE
- How: Apply by November 15, 2015 at <http://www.nepork.org/next-generation-leadership-summit/>
- Cost: Free, cost is covered by summit sponsors
- Attire: HOSA Official attire as outlined by National HOSA

### **Washington Leadership Academy**

- Who: HOSA Members
- What: Participants obtain essential knowledge about leadership, the National Institutes of Health and the Uniformed Services University of the Health Sciences through workshops, networking, and exploring Washington DC
- When: September 19-22<sup>nd</sup>, 2015
- Where: Washington DC
- How: Register by September 3<sup>rd</sup> at [www.hosa.org](http://www.hosa.org)
- Cost: \$395
- Attire: Information provided by National HOSA

### **National Leadership Conference (NLC)**

- Who: HOSA Members
- What: General sessions, educational and social learning activities, tours, exhibits, National Competitive events, workshops, academies, etc. More information at [nlc.hosa.org](http://nlc.hosa.org)
- When: June 22<sup>nd</sup>-25<sup>th</sup>, 2016
- Where: Gaylord Opryland Hotel, Nashville, TN
- How: Register at <http://apps.hosa.org/hosaconf/login.jsp>
- Cost: TBA
- Attire: General Sessions and Workshops: HOSA official attire or black/navy pants and white shirt, close toed shoes (See attire section)
- Competitive Events: As outlined in National HOSA Competitive Event Guidelines

# Competitive Events

## Eligibility & number of events:

- HOSA members can compete in a total of FOUR competitive events at SLC.
- A maximum of TWO events with onsite practicums or onsite components.
- Students can compete in unlimited recognition events.

## Online Testing

- Online testing for SLC will be completed between March 2-16, 2016.
- Online tests may be proctored by a teacher, health professional, or HOSA Advisor registered as a HOSA Proctor.
- Test scores will be added to practicum score (when appropriate) to determine final score and placing.

## Events offered at Nebraska SLC 2016:

- |                                 |                                |                                  |
|---------------------------------|--------------------------------|----------------------------------|
| • Biomedical Debate             | • HOSA Bowl                    | • Medical Reading                |
| • Biomedical Laboratory Science | • Job Seeking Skills           | • Medical Spelling               |
| • Creative Problem Solving      | • Knowledge Tests              | • Medical Terminology            |
| • CPR/First Aid                 | ○ Behavioral Health            | • Nursing Assisting              |
| • Dental Science                | ○ Human Growth and Development | • Physical Therapy               |
| • Emergency Medical Technician  | ○ Medical Law and Ethics       | • Prepared Speaking              |
| • Epidemiology                  | ○ Pathophysiology              | • Public Service Announcement    |
| • Extemporaneous Health Poster  | ○ Pharmacology                 | • Researched Persuasive Speaking |
| • Extemporaneous Writing        | ○ Nutrition                    | • Sports Medicine                |
| • Forensic Medicine             | ○ Transcultural Health Care    | • Veterinary Science             |
| • Health Career Display         | • Medical Math                 |                                  |
|                                 | • Medical Photography          |                                  |

## National Qualifiers

- Participants must score a minimum of 70% to qualify for National Competition.
- Top three qualify and 4<sup>th</sup> -6<sup>th</sup> place can be named alternates to compete in place of the top three only by SLC judges.
- National qualifiers must notify the State Advisor by April 15, 2016 if they are NOT planning to participate in the National Leadership Conference. This will allow the alternates an opportunity to participate in NLC.
- Members may only compete in ONE competitive event at NLC.

# Awards and Applications

## National Service Project Recognition

- 2014-2016 National Service Project (*selected by the 2014 Voting Delegates*) is the Leukemia and Lymphoma Society (LLS). HOSA is excited to work with the LLS for the next two years in raising not only money but awareness of Leukemia and Lymphoma.
- Participating chapters will be recognized during SLC and NLC.
- Hours volunteered and money donated must be tracked using the HOSA Activity Tracking System (HATS).
- Online recognition application must be completed by March 1, 2016 for SLC recognition.

## Outstanding Chapter Leader

- This award honors one leader from each HOSA chapter in recognition of the members' commitment to HOSA and outstanding leadership.
- Online application due March 1<sup>st</sup>, 2016 for SLC recognition.

## Outstanding HOSA Advisor

- This award honors one Nebraska HOSA Advisor in recognition of outstanding service to students and the Nebraska HOSA organization.
- Online application is due March 1<sup>st</sup>, 2016 for SLC recognition.

## Outstanding State Leader

- Selected from nominations for Outstanding Chapter Leader to represent Nebraska HOSA at NLC.

## State Competitive Events Awards

- Participants will receive a Bronze, Silver, or Gold placing.
- Top participants will be recognized during the SLC Awards Ceremony.

# Chapter Resources

## HOSA Activity Tracking System (HATS)

Members and chapters can track volunteer hours and money raised through the HOSA Activity Tracking System.

- This tracking system is use to recognize students for the Barbara James Service Award and the National Service Project.
- Instructions for using HATS can be found at <http://hosa.org/node/265>



## Attire Guidelines

- HOSA Uniform Policy: Tailored navy blazer with emblem affixed over the heart OR black or navy blue suit
  - Shirt/blouse for females - white tailored or short-sleeve white jewel neck shell
  - Shirt for males - white closed-neck, man-tailored dress shirt, suitable for use with a tie
  - Accent for female members - maroon HOSA scarf or tie is optional but not required
  - Accent for male officers - navy or maroon long tie
  - Matching navy slacks for males and matching navy slacks or skirts for females (skirts must be a minimum of knee length)
  - Closed-toe blue or black shoes (hose optional)
- Competitive Event's Dress Attire:
  - Delegates must adhere to the Dress Code as specified in the individual competitive event guidelines for the orientation and event in which they are competing. Bonus points will be given according to the individual guidelines. For all competitive events, five (5) bonus points will be added once per competitor and/or team to the tally sheet for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event guidelines. School tags, state badges or ID's must be removed or completely covered during competition.
- Business Casual Attire: Appropriate business casual dress includes slacks or khakis, dress shirt or blouse, open-collar or polo shirt and dress shoes that cover all or most of the foot.
- Official HOSA Casual Dress Attire: Appropriate dress for official social functions in conjunction with HOSA will include everything EXCEPT tank tops, halter tops, short shorts or skirts and cut-offs.



**IMPORTANT:** All skirts must be at least knee length to participate in HOSA events.

# State Officer Team

State Officers of Nebraska HOSA will serve as the student leaders of Nebraska HOSA and consist of at least president, vice president and secretary; other offices may be added when deemed necessary by the State Officer Nominating Committee and State Advisor. Each year four to ten officers will be elected to serve a one year term.

## Officer Candidates

- A candidate for a state office must be a member in good standing in a local chapter.
- A candidate shall be in good academic standing in keeping with the standards of their local school system.
- Candidates for a state office shall submit official candidate application form provided by Nebraska HOSA State Advisor.
- Candidates for a state office shall take and pass a written examination, shall participate in an interview with the State Officer Nominating Committee, and shall give a 3-5 minute speech at an official Nebraska HOSA delegate business session.

## Election Process

- The Nominating Committee (made up of HOSA alumni, health science professionals, and/or other HOSA supporters) will make their recommendation, based on points from the rating scale, as to the slate of State Officers.
- There will be a vote of the slated candidates by the voting delegates to select the specific offices on the officer team.
- Applications can be downloaded from [www.nebraskahosa.org](http://www.nebraskahosa.org) by January 1, 2016.
- Completed applications must be submitted to the State Advisor by March 1, 2016.



# Nebraska HOSA Contact Information

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