

Family Child Care Newsletter



Themes:

Water, Sunshine

Color: Yellow

Shape: Triangle

Reminders:

If your child is absent please remember to notify your child care provider and send in a note when your child returns.

Tuition payments are due by closing each Friday for the following week. Please submit payments in a timely manner.

Proper footwear is required, NO open toed shoes/sandals are allowed.

Recipe of the Month

Broccoli Quiche

A great choice for brunch or supper

Yield: 6 servings

- 1 package (10 ounces) frozen chopped broccoli
- 3 eggs
- 3/4 cup light cream or milk
- 1/8 teaspoon salt
- 1-1/2 cups shredded Monterey Jack cheese
- 1 can (8 ounces) sliced mushrooms, drained (optional)
- 1 unbaked 9-inch pie shell
- paprika

Preheat the oven to 350 degrees F.

Cook the broccoli according to the package directions. Drain the broccoli, plunge it into cold water to stop the cooking, and drain well. In a mixing bowl, beat the eggs, cream, and salt. Stir in the broccoli, cheese, and mushrooms, if using. Pour into the pie shell. Sprinkle with paprika. Bake for 50 to 60 minutes or until a knife inserted near the center comes out clean. Let stand for 10 minutes before serving.



Reminder:

Your child will participate in a variety of daily activities , so comfortable clothing that is easily washable is best. Plan for your child to play outdoors each day, proper footwear is required. Due to safety concerns children are not allowed to wear open-toed shoes or sandals.

Please also remember to send in a change of clothes .

Summer Projects:

Providers are still asking for your help with several projects your children will be working on. Small planters, seeds, soil and small gardening tools are still needed.



Summer Vacation

Please notify your provider as soon as possible as to your summer vacation plans. Planning your vacation the same time as your provider may be an option that will work for everyone.