Support for Daily Life

All people need some kind of support at different times to live their daily life.

Sometimes it might be just a small amount of support for just a short time OR for some people it might be life-long support so that they can live life just like everyone else.

You might need support due to something unexpected like an accident or an important relationship breaking down OR it might be because you or someone in your family was born with, and lives with, different abilities to other people OR it might be because things have changed as you’ve gotten older OR it might be because life just feels too hard and you’ve made unhealthy choices as a way to cope.

Whatever kind of support you need and no matter the reason, CRANES may be able to assist you.

Here are some examples of what ‘support’ might look like:

- Help to keep your house clean
- Help with shopping
- Help with cooking
- Help with personal care and hygiene
- Help with managing day to day finances
- Help with making appointments and help to get to them
- Help with making plans and decisions
- Help to stay living where you want to
- Help to live a healthier lifestyle
- Help to get a job
- Help to learn new things
- Help to make friends
- Help to go to court or deal with the government
- Help to find another way when life seems hopeless and you can’t see a reason to keep living

If you need support to live your daily life then please contact our Daily Life Support Coordinator to discuss your needs.

Ph: (02) 6642 7257   Email: admin@cranes.org.au
We have a vision for the future of our society that sees all people as valuable, respects difference and offers everyone a place in their neighbourhood. We are working with innovation in an environment where we have blown away the boxes and, most importantly, because we believe in social justice, liberty and freedom for everyone.

About CRANES

We are one team made up of difference and we continue to learn and respect that.

Contact us

**Grafton Office**

3-7 Prince Street,
Grafton NSW 2460.
PO Box 889,
Grafton NSW 2460.

**Maclean Office**

18-20 Clyde Street,
Maclean NSW 2463.
PO Box 889,
Grafton NSW 2460.

**Phone:** (02) 6642 7257
1800 289 927

**Fax:** (02) 6645 5029

**E-mail:** admin@cranest.org.au

**Find us on:**

**Hours of operation**

8am to 4.30pm

For more information on ‘what CRANES do’ visit our website

Support for Daily Life

Services to support you to live the life you want

As little or as much support as you need

Promoting freedom of choice for individuals and families

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**www.cranes.org.au**

**What we do**

- NDIS Approved Provider
- Home Care Package Provider
- Abilities and Over 65s Services
- Hubs and Clubs
- Support with Social and Daily Life Activities
- Child Youth and Family Services
- Family and Relationship Services
- Supervised Access
- In Home Childcare
- Supported Playgroups
- Early Childhood Intervention
- Jacaranda Preschool
- Healthy Minds Programs
- Suicide Prevention
- Alternative to Hospital Program
- First People Services
- Elders Groups
- Palliative Care
- Wilderness Adventures
- (Shared Lives) Specialist Accommodation
- (Square Nests) Specialist Accommodation