

# Category (i) Medication

A category (i) medicine is a non-prescription preparation (such as arnica cream, antiseptic liquid, insect bite treatment) that is not ingested, used for the 'first aid' treatment of minor injuries and provided by the service and kept in the first aid cabinet.

## 1. Anti-Flamme Cream

Soothes strained muscles, joint aches, bumps, bruises and common sports injuries. It contains natural ingredients including pure herb extracts of arnica, hypericum, calendula, and peppermint oil. Used and recommended by New Zealand physiotherapists.

Anti-Flamme with arnica, hypericum, calendula and peppermint.

## 2. Arnica Cream

Arnica Cream assists the body's natural response to shock, injury, fatigue and bruising and aids normal muscle recovery after strenuous exercise or exertion. Aids normal defence mechanisms in times of trauma and after surgery. Also helps the body's natural ability to cope with long distance air travel and helps restore normal sleep patterns. Arnica Cream is absorbed quickly into the skin, is low allergenic and will not stain clothing.

Arnica Cream contains a mother tincture of the herb Arnica Montana 5% in a non-greasy, paraben free, cream base.

## 3. Anthisan Cream

Anthisan Cream is a type of antihistamine used for the relief of insect bites, stings and nettle rash.

Anthisan Cream works by relieving the pain, itching and inflammation from insect bites, stings and nettle rash.

Active Ingredient:

- mepyramine maleate

- castor oil

Inactive Ingredients:

- ceto-stearyl alcohol

- methyl hydroxybenzoate

- polyethylene glycol 600

- foin coupe

- monostearate

- silicone antifoam

- purified water

Anthisan Cream does not contain gluten, sucrose, lactose, tartrazine or any other azo dyes.



# Christopher Robin Childcare Category (i) Medication

## 4. Burnshield Hydrogel

Medicare Burnshield Hydrogel is applied directly to a burn

- Suitable for use on 1st, 2nd and 3rd degree burns - including scalds and facial burns
- Cools, soothes and moisturises the burn area and eases pain
- Anti-bacterial properties protect against infection
- Non-adherent -easily washed off with cool water or saline solution- no pain/discomfort when removing from wound
- Minimises trauma and skin damage
- Safe and suitable for use on children
- Contains natural active ingredients (tea tree oil, water & emulsifiers) which help to relieve pain fast

## 5. Lucas' Papaw Ointment

The ointment has antibacterial and antimicrobial properties and can be used as a local topical application on the following:

Minor Burns & Scalds

Nappy Rash & Chafing

Sunburn

Insect Bites

Gravel Rash, Cuts & Minor

Splinters & Thorns

Open Wounds

Ingredients: Carica Papaya 39mg/g Fresh Fermented Fruit. Base - Pharmaceutical Grade Petroleum Jelly and Wax. A minute amount of Gum Balsam Peru is used as a perfume in Lucas' Papaw Ointment.

## 6. Sudocrem

Sudocrem Antiseptic Healing Cream has a water-repellent base which forms a protective barrier, therefore helping to stop any irritants (urine and stools) coming into contact with the skin. In addition, the emollient effect of Sudocrem can help to soothe sore inflamed skin whilst leaving the skin feeling soft.

Sudocrem Antiseptic Healing Cream can also be used for other skin conditions that require a soothing, protective antiseptic cream with additional healing, antibacterial and antifungal properties.

Ingredients:

- Zinc oxide, which reduces the loss of tissue fluid
- Benzyl benzoate and benzyl cinnamate, which are ingredients of Peru Balsam (an aromatic resin extracted from the plant Myroxylon balsamum pereirae, known for its healing properties)
- Anhydrous hypoallergenic lanolin, an emollient which soothes and softens skin
- Benzyl alcohol, which has local anaesthetic and antiseptic properties that help to reduce discomfort

