

# Affirmations...Plus Action

D C T T E T K I D U K D A R F T X V Q A  
A A G A C X A Q M D R T G E R R T P G A  
I B U F N S Q E Y P T E V T I Y L H L R  
L B I Z E M U N P R R I D T E W Z A F I  
Y R L N D V H O A E T O U E N O I T C A  
U L J I I W D C E I R T V B D T I B A H  
V O K B F A T O S N H L R E S S T P P R  
Y N B A N E R O F G A E S J Q R C G P T  
P H N Y O H P B I K L T Y C A V Y X Q G  
C S R U C F Y E Z A Q I N M E Y B E E K  
Q Z A V S A W Z T L E G S O W I N N E R  
U S E M X F K I T P A Q J U P K C P S B  
Y W L V J I O T C X A U C Y Z S H G D T  
Y P F I Y N S E L F O V P J U O N N P H  
Y R F L S V Z L L U J Y O W W C X E R B  
I L P H O I B H D U I O A I A R H D H V  
R L I S N O I T A M R I F F A R I D U F  
W P G K U D R W Q E E N I J W B D H Y Y  
S L G Z K V I M F V D T M C K C I A L S  
I T J U Z N B W Q B E L I E V E D S O N

All the words below can be found in the wordsearch grid above. They might be written forwards, Backwards, up, down or diagonally. Can you find them all?

ACTION

AFFIRMATIONS

ATTRACT

BELIEVE

BETTER

BRAIN

CONFIDENCE

DAILY

ENJOY

FRIENDS

HABIT

IMPROVE

LEARN

LIFE

POSITIVE

RELATIONSHIPS

REPEAT

SELF

SMART

SPONTANEOUS

TRY

UPWARD

WEIGHT

WINNER



## Affirmations ... Plus Action, by Cynthia MacGregor

*A Roadmap to a Better You.*

Cynthia MacGregor has put together a series of practical affirmations for every aspect of your life; affirmations that you back up with action. *Affirmations ... Plus Action*, while totally respecting belief in affirmations, adds a layer of practical steps you can take to make that affirmation come true. Try them and see!

<http://crimsoncloakpublishing.com/affirmations.html>