

OBSTETRICS



GYNECOLOGY

Patient Agenda Form

Please take a moment to answer the questions below in order to best use the time spent with your provider.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. What concerns do you want to be sure to discuss at today's appointment?

\_\_\_\_\_  
\_\_\_\_\_

2. What symptoms do you want your provider to be aware of?

\_\_\_\_\_  
\_\_\_\_\_

3. What providers (hospital, Emergency Room, Urgent Care Clinic, Specialist, etc.) have you seen since your last visit?

\_\_\_\_\_  
\_\_\_\_\_

4. Please list any medication changes (including OTC, vitamins and supplements)

Drug Name:                      Dose:                      Time(s) of Day Taken      Refill needed? (30 or 90 days)

\_\_\_\_\_  
\_\_\_\_\_

5. Please list your preferred pharmacy (name, phone #, location including zip code):

\_\_\_\_\_

6. Please list all allergies: \_\_\_\_\_

7. Do you have specific requests for:

- New medications: \_\_\_\_\_
- Tests/Referrals: \_\_\_\_\_
- Completion of forms: \_\_\_\_\_
- Work/School forms: \_\_\_\_\_

8. Have you been prescribed a narcotic by any provider in the last 30 days? \_\_\_\_\_

9. Contact Information

Cell #: \_\_\_\_\_ Receive text/voice notification reminders: yes or no

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_

E-mail address for reminders:

Preferred method of communication (circle one):    Cell            Work            Home            Mail            E-mail

## Annual Physical Review

Name: \_\_\_\_\_ Reason for Visit: \_\_\_\_\_

*Women who are not in a monogamous relationship or who have had more than one sex partner in the last year or who are under the age of 25 and have ever been sexually active should undergo annual screening for sexually transmitted diseases (STD). Would you like testing done today?*  Yes  No

\*\*\*ALLERGIES: \_\_\_\_\_

Single  Married  Divorced  Separated  Widowed  Domestic Partner

Sexual Orientation:  Heterosexual  Bisexual  Lesbian

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**Menstrual History:** Last Menstrual Period: \_\_\_\_\_ # Days of Flow: \_\_\_\_\_

Amount: (heavy, normal, light) \_\_\_\_\_ Length between Periods: \_\_\_\_\_

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Have you ever been pregnant?  Yes  No How many times: \_\_\_\_\_ Vaginal Deliveries (#) \_\_\_\_\_ Cesarean (#) \_\_\_\_\_

How old were you when you first had intercourse: \_\_\_\_\_

Are you currently sexually active?  Yes  No

In your sexual history, have you had  more than  less than six (6) partners in your lifetime?

What form of birth control do you currently use?  Pills  IUD  Diaphragm  Vasectomy  Norplant

Depo Provera  Tubal Ligation  Condoms  Abstinence  Rhythm Method  None Needed

Do you use hormone replacement?  Yes  No Rx: \_\_\_\_\_

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**Medical History:** Check if you have had any of the following:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Cancer                       | <input type="checkbox"/> Abnormal Pap Smear              | <input type="checkbox"/> Pelvic Infection    |
| <input type="checkbox"/> Sexually Transmitted Disease | <input type="checkbox"/> Phlebitis / Blood Clots in Legs | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Heart Disease                | <input type="checkbox"/> Mitral Valve Prolapse           | <input type="checkbox"/> High Cholesterol    |
| <input type="checkbox"/> Migraine Headaches           | <input type="checkbox"/> Anemia                          | <input type="checkbox"/> Thyroid Problems    |
| <input type="checkbox"/> Diabetes                     | <input type="checkbox"/> Tuberculosis                    | <input type="checkbox"/> Hepatitis           |
| <input type="checkbox"/> Depression                   | <input type="checkbox"/> Alcoholism                      | <input type="checkbox"/> Digestive problems  |
| <input type="checkbox"/> Drug Addiction               | <input type="checkbox"/> Infertility                     |  |

Please list any medication that you are currently taking: \_\_\_\_\_  
\_\_\_\_\_

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**Date of Last:** Colonoscopy: \_\_\_\_\_ Bone Density: \_\_\_\_\_ HPV Vaccine: \_\_\_\_\_ (Gardasil)

Do you perform breast exams on yourself?  Yes  No How often? \_\_\_\_\_

Have you had a mammogram on your breasts?  Yes  No If so, when? \_\_\_\_\_

Have you ever had an abnormal mammogram?  Yes  No If so, when? \_\_\_\_\_

Have you ever had an abnormal pap smear?  Yes  No If yes, What kind of treatment? \_\_\_\_\_

Do you have a pap smear yearly?  Yes  No

**Surgical History:**

Have you had any female surgery?  Yes  No If so, what type? (check the following):  Breast  Hysterectomy  D&C  Ectopic Pregnancy  
 Fibroid Tumors  Ovary  Laparoscopy  Cesarean Section  Laser/ LEEP/ Cryo of Cervix  Other

Reason for Surgery/ Findings: \_\_\_\_\_  
\_\_\_\_\_

Please list any other surgery: (i.e., appendectomy, heart surgery) \_\_\_\_\_  
\_\_\_\_\_

Have you ever smoked?  Yes  No How Much? \_\_\_\_\_  Quit Years? \_\_\_\_\_

Do you drink alcohol?  Yes  No How Much? \_\_\_\_\_ How Often? \_\_\_\_\_

Do you use street drugs?  Yes  No What Kind? \_\_\_\_\_ How Often? \_\_\_\_\_

Are you or have you ever been threatened or physically, sexually, or mentally abused?  Yes  No

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**Family History:** (Siblings, Parents, Grandparents) Please check appropriate box if a family member currently has or previously had one of these illnesses. Check every listing.

- |  |  |
|--|--|
| <input type="checkbox"/> Breast Cancer _____ | <input type="checkbox"/> Ovarian Cancer _____                    |
| <input type="checkbox"/> Other Cancer _____  | <input type="checkbox"/> Birth Defects _____                     |
| <input type="checkbox"/> Heart Attack _____  | <input type="checkbox"/> High Blood Pressure _____               |
| <input type="checkbox"/> Tuberculosis _____  | <input type="checkbox"/> High Cholesterol _____                  |
| <input type="checkbox"/> Diabetes _____      | <input type="checkbox"/> Bleeding Disorder _____                 |
| <input type="checkbox"/> Alcoholism _____    | <input type="checkbox"/> Intellectual Development Disorder _____ |
| <input type="checkbox"/> Other _____         |  |

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**Review of Systems-** Please check if you are having problems with any of the following:

**Genital / Urinary:**  Vaginal Warts  Heavy Vaginal Bleeding  Painful Intercourse  Urination at Night  Vaginal Dryness  Urinary Urgency  
 Irregular Vaginal Bleeding  Bladder Control / Leakage  Painful Menstrual Period  Pain/Burning with Urination  Urinary Tract Infection

**Endocrine:**  Fatigue  Hair Loss  Absence of Menstrual Periods  Hot Flashes

**Skin/Breast:**  Nipple Discharge  Sore That Does Not Heal  Changes in Mole  Rashes/Persistent Itching  Breast Lumps/Tenderness

**Neurological:**  Frequent Headaches  Poor Coordination  Muscle Weakness  Trouble Sleeping

**Psychiatric:**  Depression  Anxiety  Memory Changes  Counseling or Treatment  Mood Swings

**ENT:**  Visual Problems  Allergies/Hayfever  Frequent Sore Throat  Mouth Ulcers  Hearing Loss  Hoarseness  Sinus Problems

**Digestive:**  Heart Burn  Rectal Bleeding  Diarrhea  Yellow Jaundice  Vomiting  Black Stools  Significant Weight Change (i.e., < or > 10-15lbs./yr.)

**Cardiac:**  Chest Pain  Irregular Heart Beat  Fainting/Dizziness

**Respiratory:**  Shortness of Breath  Coughed Blood  Wheezing

**Musculoskeletal:**  Joint Pain/ Swelling  Muscle Pain  Back Pain