

OUR LADY OF GOOD COUNSEL PARISH
St. Joseph's Church Stella Maris Church St. William's Church

ST. JOSEPH'S CHURCH
&
H.O.P.E. Centre News
4347 Loch Lomond Road
Saint John, NB E2N 1C8

Rev. Ralph McRae, Moderator
Rev. Rodrigo Tabilona

Our Vision Statement

A parish dedicated to the spiritual well-being of God's people through on-going family based religious education programs, a deepening of the sacramental life of the parish, and the continuing development of meaningful and life-giving liturgies. A parish that lives out this commitment through social service and ministry.

Office Hours Mon - Thurs 10 am to 2 pm Closed Friday

Phone 653-6856 Fax 653-6816

Parish email joewilpat@bellaliant.com

Parish Web Site www.stjosephsnb.com

H.O.P.E. Centre 653-6875 email hopecentre@bellaliant.com

H.O.P.E. Kitchen 653-6869

School Programs: Preschool 653-6971 Afterschool 653-6857

Assistant Pastoral Administrator George Quigley Phone 696-4996 email quigleydesign@rogers.com

Parish Finance Council Chairperson Peter Chouinard Phone 696-7065 email
jpeterchouinard@gmail.com

H.O.P.E. Wellness Centre Mon. Tues. Wed. 8 am to 3 pm Phone 632-5695

First Sunday of Lent
March 10, 2019

Saturday, March 9
4 pm Betty Gallery

Sunday, March 10
10 am Susan Crowell

Monday, March 11
7 pm Quigley Share Group
Yoga

Tuesday, March 12
10 - 11:30 am Moms & Tots
10 am Seniors Exercises
1 pm Seniors Cards

Wednesday, March 13
12 noon Sandra Blanchard

Thursday, March 14
5:30 pm Doors open for Bingo

Friday, March 15
11:30 am Way of the Cross
12 noon For The People

Saturday, March 16
12 noon St. Patrick's Tea
4 pm Ann Roy

Sunday, March 17
10 am Mr. & Mrs. Thomas Dunn

A St. Patrick's Tea will be held Saturday,
March 16 from 12 noon - 2 pm in the H.O.P.E.
Centre

There will be a Bake Sale, White Elephant Table
and a 50/50 Draw. Tickets \$8 each are
available at the parish office.

Sponsored by Our Lady of Good Counsel Parish
with proceeds in support of Parish Programs &
Activities.

**Please pray for our Catechumens -
Leisa Dubee, Susan Ouellette &
Pamela Stevenson as they journey through
the Rite of Christian Initiation for Adults.**

PARISH FINANCES

Last Week's Offerings:

Offertory \$2070

**Pre-authorized Debit (weekly) \$230.
(monthly) \$1850**

Those In Need \$704.

Just a remind that pre-authorized debit is available.
Please call the office for further information.

Offertory Envelopes are available at the front door of
the church.

NOTE: Any contributions made by cheque **MUST** be
made payable to St. Joseph's Church or The H.O.P.E.
Centre depending on where you want the donation
allocated.

ALSO...to assist those counting the weekly
contributions, please put the amount of your donation
on your Offertory Envelope.

Lenten Folders are available at the entrance
of the church. Proceeds to the sound
system.

March 16 & 17

Lectors

4 pm Bill Wiseman & Paula Harper

10 am George & Wanda Quigley

Eucharistic Ministers

4 pm Art & Carol Ryan, Michelle Luck

**10 am Carol Hussey, Beth Wilson,
Pauline Hughes-McKillop**

NO SCENTS IS GOOD SENSE

Be considerate of others. Recognize that some
people have allergies or adverse reactions to
fragrances. Please reduce or eliminate your use
of scented products at Mass.

PASTORAL CARE

A committee provides Pastoral Care for the sick
and elderly of the parish. Regular home visits
will be made at a time of your convenience.

Please call the church office or
Pauline Hughes-McKillop 696-7907 to arrange a
visit.

Faith Fair- Spring 2019

The Faith Fair is a gathering of religious items
throughout the year, displayed in the Spring and
there for the taking. A Goodwill jar will be
available for those who wish to make a
contribution otherwise all items are *Free*.
*Donated items can be place in a box at the
entrance to the church or call Wanda 696-4996.*

QUESTION OF THE WEEK

for the Second Sunday of Lent

Reading 1 Genesis 15:5-12, 17-18

Reading 11 Philippians 3:17-4:1

Gospel Luke 9:28-36

Key Passage: *But our citizenship is in heaven,
and it is from there that we are expecting a
Saviour, the Lord Jesus Christ. (Philippians 3:20)*

Adult: *How are your priorities affected by your
faith in Jesus Christ?*

Child: *When you have important choices to
make, do you and your family pray to make the
right choice?*

Ecclesiastes III....Under every season there

is a timea time to heal....we remember
these people in need of our prayers:
Carol McNally, Bob Donovan, Kathleen Folkins,
Fred Savoie, Kiley Clements, Muriel Richard,
Walter Smith, Gladys McGrath, Ian Walker,
Harvey Beck, Hilma Tracey, Gail Scott,
Danny Murray, Sam Williams, Phyllis Titus,
Louis & Helen Savoie, Kathleen Gagnon & her
family, Gisele Kirkpatrick, Jean Morrison,
John Richardson, Theresa Ryan, Ann Whelan,
David Branscombe, Irwin & Kathy Tufts,
Ann Quigg, Marilyn Galbraith, Jackson Morton,

Adoration of the Blessed Sacrament

Sunday, March 10 at St. Rose of Lima Church
from 1 - 2 pm.

H.O.P.E. CENTRE NEWS

Any questions call 653-6875

Monday

10:30 am Adult Line Dancing
Drop-in rate - \$9.00 - Bring comfortable shoes (no street shoes) and No Scents please.

7 - 8 pm Yoga with Manon

The cost is \$30 per person. Drop-ins \$8
Spread the word, tell your friends and neighbours. Come out and enjoy the stretch and relaxation.

Tuesdays

9:30 am Moms & Tots

10 am Seniors Exercises

1 pm Seniors Cards - all are welcome

Wednesdays

Latin Line Dancing

Beginners 6:30 -7pm, 5\$ drop in, Regulars 7-8:30 pm paid or 10\$ drop in - See you there

FOOT CARE CLINIC

Last Wednesday of each month Cost \$40 - provided by nurses trained in Advance & Diabetic Care. Call 847-0254

Thursdays

Bingo....Doors open at 5:30 pm
Games begin at 6:50 pm. Come out for a night of fun and relaxation....

Moms & Tots Program Tuesdays at 9:30 am.
This structured play time is held in the Church Basement (enter by the front door of the Centre and go down in the elevator). The cost is \$2 per family.

Community News

Knights of Columbus Council 11201 every other Friday night in Bradley Lake Community Centre. Doors open at 6 pm - Early Bird Games at 6:45. The next game night is March 22.

Giving blood is one of the most direct ways you can help someone. Your donation can help treat cancer patients, bring a car crash victim through surgery, and even help a transplant patient's new heart beat for the first time. Please make an appointment to attend the blood donor clinic Online at www.blood.ca or by calling 1 888 2 DONATE (1 888 236-6283). New Donors are always welcome! If you knew someone who needed blood, would you help? Your one donation can help save or enhance the lives of up to three people. Please ask your family and friends to join you in helping those who rely on blood and blood products. A little of your time could give someone else a lifetime.

AASEA Day Silent-Guided Retreat

The Mystery of God's Love and Mercy
On Thursday March 14 from 9:30am – 4:30pm a Silent-Guided Lenten Retreat will be held at the Villa Madonna Retreat Centre. This Silent Lenten retreat will include 2 guided prayer exercises and an opportunity for spiritual conversation. Also ample time for relaxation and walks in nature are built into the day's schedule. The day will conclude with Eucharist celebrated by Fr. Bill Brennan. For more information or to register: Contact Peter Chouinard jpeterchouinard@gmail.com or call 696-7065

Look.....at a Book! **The Divine Dynamic** by John Surette, sj

Tuesdays – 2 to 3:45pm March 12, 19 and 26
Facilitator: Mary Alice Glasgow
Location: Our Lady of Perpetual Help Church, Rothesay

Pre-registration: Donna at 847-3780

shroe@nb.sympatico.ca

Ellen at 847-5131 ellenrobert@hotmail.com

A 'Look' is 'not learning' a Book but can be the beginning of new awareness, both enjoyable and necessary. "This book opens a way to see God, the Planet of which we are a part, and the ways we relate to one another".

Book (both new and used) available at Amazon.ca.

St. Joseph's Hospital Auxiliary Meeting will be held on Tuesday, March 12, at 1:30 in Room 11 on the 2nd floor. See you there.

Thursday, March 14 - Welcome to ecumenical Evening Prayer Songs of Taizé, at Carmel Chapel, 103 Burpee Avenue at 7:00 pm.

On Sunday, March 17, we celebrate St. Patrick's Day. Patrick is the Secondary Patron of our Diocese and we will honor St. Patrick at the 11:45 noon Mass, with appropriate music, at the Cathedral of the Immaculate Conception on Waterloo Street in Saint John. A reception to follow at the Cathedral Residence.

Canadian Mental Health Association of New Brunswick (CMHA of NB) Saint John – **Understanding Anxiety & Panic Disorder**, an eight-week program for individuals diagnosed with generalized anxiety and/or panic disorders. Tuesdays beginning March 12th. If you have any questions or require additional information, please visit our website <https://cmhanb.ca/category/programs-and-services/saint-john-programs/> or call our office at 633-1705.

Canadian Mental Health Association of New Brunswick (CMHA of NB) Saint John – **Hope & Healing: Coping with the Suicide of a Loved One**, a ten-week program for individuals who lost a loved one to suicide. Tuesdays beginning March 19th. If you have any questions, please visit our website <https://cmhanb.ca/category/programs-and-services/saint-john-programs/> or call our office at 633-1705.

Canadian Mental Health Association of New Brunswick (CMHA of NB) Saint John – **Building Assertiveness Skills**, a six-week program designed to teach women how to stand up for their personal rights by expressing thoughts, feelings and beliefs in appropriate ways. Wednesdays beginning March 27th. If you have any questions or require additional information, please visit our website <https://cmhanb.ca/category/programs-and-services/saint-john-programs/> or call our office at 633-1705.

Canadian Mental Health Association of New Brunswick (CMHA of NB) Saint John – **Mindfulness**, a six-week program designed to teach individuals the benefits and practices of mindfulness and how to focus on living in the present. Thursdays beginning March 28th. If you have any questions or require additional information, please visit our website <https://cmhanb.ca/category/programs-and-services/saint-john-programs/> or call our office at 633-1705.

BINGO each Monday, in Stella Maris Church Hall, Saint John; Doors Open at 5:30 p.m. Early Bird Games at 6:30 p.m. Regular Games begin at 7 p.m. Bingo Packets are \$20 at the door, TreasureChest. Sponsored by Father Henry Ramage Knights of Columbus 8364.

KV Memory Café is a free-of-charge program of the Alzheimer's Society. Our goal is to provide education, entertainment, support and conversation in an accessible, safe and inclusive environment. It is a great Sunday afternoon outing for all the family. This month, come to listen to special guest, George Allen, "Remembering the Saint John area in the 40s and 50s." and musical entertainment is provided by Keith Armstrong. The KV Memory Café is held on the **2nd Sunday** of the month from September to May. **Please join us Sunday March 10, 2019 from 2 to 4 pm at Shannex Parkland in the Valley, Quispamsis in the lounge on the lower level of Jubilee Hall, 19 Shannex Drive.** There is a canopied drop off area at the door and signed parking for Visitors around the circle. For more information, please contact Mark Harris of the Alzheimer's Society at 634-8722 or email mharris@alzheimernb.ca

Lent 2019

The three pillars of Lent are prayer, fasting and almsgiving.

Prayer – This Lent take some time to be still and be with God.

There will be locked prayer boxes at each worship site of Our Lady of Good Counsel Parish. You may write your prayer intention on the paper supplied and place it in the box. These prayers will not be read, but will be offered up at each Mass during Lent. As the Lenten season concludes, the prayers will be gathered from each site, and together, they will be burned in the Easter Vigil Fire which will be celebrated at Stella Maris this year.

Fasting – Looking for something to give up for Lent?

Give up resentment and become more forgiving.

Give up hatred and return good for evil.

Give up complaining and be more grateful.

Give up pessimism and become more hopeful.

Give up worry and become more trusting.

Give up anger and become more patient.

Give up pettiness and become more noble.

Give up gloom and become more joyful.

Give up doubt and turn to God.

Almsgiving – We are called to love our neighbor. This Lent we are making a concentrated effort to help the less fortunate through Lakewood Headstart. As you leave Mass each Saturday or Sunday please put your faith into action. Take a tag from the basket, and bring back the item requested on the following weekend. (It would also be helpful if you could also return the tag for future use.)