GEM

Environmental Assessment

Gerontological Environmental Modifications

Rosemary Bakker, MS, ASID
Weill Medical College of Cornell University
Division of Geriatrics and Gerontology
rob2013@med.cornell.edu
www.cornellEG.org
How to Use The GEM Environmental Assessment

This comprehensive home assessment tool identifies both problems and possible solutions for each room of the dwelling unit and the immediate outdoor area. The assessment covers a broad range of environmental features, including accessibility, furniture, flooring, lighting, etc. You can use it as a basic resource for specific problems or certain areas within the environment, or to conduct a full assessment.

Throughout the assessment, there is a “(T)” for “trigger” next to specific activities. A “No” response to any of the trigger questions (T) may be indicative of functional or physical deterioration and may require additional action. Depending on the situation, you may need to contact a health professional, including a primary physician or nurse, request a functional assessment, and/or request equipment from a physical and/or occupational therapist.

We hope you find the GEM assessment tool useful in making environmental changes in your client’s dwelling.

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</tbody>
</table>
## GEM Environmental Assessment

### Living Room

#### Client Uses Living Room

<table>
<thead>
<tr>
<th>Resource</th>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

### Accessibility

**Client moves in/out & through room without bumping/tripping into anything**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

**Suggestions:**
- remove doorsill __, door frame __, door __, or clutter __
- install offset hinges __
- re-arrange furniture __ other __

**Flooring**

**Lamp, extension & telephone cords are located outside of walking path**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

**Suggestions:**
- furniture re-arranged __
- cords relocated __
- outlets installed or repaired __
- other __

**Area rugs in walking path are taped to floor with double-sided tape or have a non-skid pad**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

**Suggestions:**
- tape rugs to floor __
- purchase non-skid pad __
- remove rugs __
- other __

**Flooring is free from rips & holes**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

### Furniture

**Client uses furniture for support while ambulating**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

**If Yes**

**Suggestions:**
- cane/walker __
- furniture replaced/repaired __
- castors removed __
- other __

**Low tables or ottomans are located out of walking path for person with low vision**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

**Suggestions:**
- low lying furniture removed/replaced __
- other __

**Table tops & floor are free of excessive clutter**

<table>
<thead>
<tr>
<th>Resource</th>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

**Suggestions:**
- furniture needed __
- baskets needed __
- clutter reorganized __
- other __
### Lighting (turn on all lights)

**Lighting is adequate to client**  (make recommendations if there are significant dark areas with lights on)

Suggestions: new light bulbs __  lamp(s) repaired __  new lamp(s) __  lamp(s) relocated __  other __

Resource:  

<table>
<thead>
<tr>
<th></th>
<th>Y__</th>
<th>N__</th>
<th>NA__</th>
</tr>
</thead>
</table>

|   |   |   |     |

**Client has lamp(s) nearby main seating area**

Suggestions: fixture relocated __  new fixture __  other __

Resource:  

<table>
<thead>
<tr>
<th></th>
<th>Y__</th>
<th>N__</th>
<th>NA__</th>
</tr>
</thead>
</table>

|   |   |   |     |

**Client can easily turn lights on/off**

Suggestions: switch or outlet replaced/repaired __  table top pad switch or touch turn-on adaptor __  other __

Resource:  

<table>
<thead>
<tr>
<th></th>
<th>Y__</th>
<th>N__</th>
<th>NA__</th>
</tr>
</thead>
</table>

|   |   |   |     |

### Seating

**Seating has firm seat that doesn’t sag, arm rests on both sides (for chairs) & not too low or deep**

Suggestions: new chair __  extender legs __  seat or back cushion restuffed __  or replaced __  other __

Resource:  

<table>
<thead>
<tr>
<th></th>
<th>Y__</th>
<th>N__</th>
<th>NA__</th>
</tr>
</thead>
</table>

|   |   |   |     |

**If wheelchair is used, it has a pressure relief seat cushion (not patient’s own seat pillow) (T)**

Suggestions: Contact doctor for prescription __  other __

Resource:  

<table>
<thead>
<tr>
<th></th>
<th>Y__</th>
<th>N__</th>
<th>NA__</th>
</tr>
</thead>
</table>

|   |   |   |     |

### Windows & Shades

**Client easily opens/closes at least one window & all blinds or shades**

Suggestions: reduce tension in window frame rods __  remove paint on window casing __  reorganize furniture __  shades or blinds fixed __  new shades/blinds __  furniture relocated __  other __

Resource:  

<table>
<thead>
<tr>
<th></th>
<th>Y__</th>
<th>N__</th>
<th>NA__</th>
</tr>
</thead>
</table>

|   |   |   |     |
### Bedroom

#### Client Uses Bedroom

<table>
<thead>
<tr>
<th>Resource:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y__ N__ NA__</td>
</tr>
</tbody>
</table>

#### Accessibility

**Client moves in/out & through the room without bumping/tripping into anything**

<table>
<thead>
<tr>
<th>Suggestions: remove: doorsill __, door frame __, door __, or clutter __  install offset hinges __  re-arrange furniture __  other __</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y__ N__ NA__</td>
</tr>
</tbody>
</table>

**Bed**

**Sitting on edge of bed, client’s thighs are parallel with floor, with feet firmly on floor**

<table>
<thead>
<tr>
<th>Suggestions: lower bed: remove castors __ cut wooden frame __ order new 3” frame __  Raise bed: new 7” frame __ leg extenders __ other __</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y__ N__ NA__</td>
</tr>
</tbody>
</table>

**Client has a handle to help get in & out of bed if needed (T)**

<table>
<thead>
<tr>
<th>Suggestions: new handrail __  other __</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y__ N__ NA__</td>
</tr>
</tbody>
</table>

**Bedcovering hangs above the floor**

<table>
<thead>
<tr>
<th>Suggestions: hem bedcovering __ new bedcovering __ other __</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y__ N__ NA__</td>
</tr>
</tbody>
</table>

**Hospital bed only: There is minimal spacing between mattress & siderails**

<table>
<thead>
<tr>
<th>Suggestions: contact home care agency __ replace bed, mattress or rails __ other __</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y__ N__ NA__</td>
</tr>
</tbody>
</table>

**Mattress is supportive & does not sag when sat on (assessor: ask client if you can sit on bed to test)**

<table>
<thead>
<tr>
<th>Suggestions: replace mattress __ other __</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y__ N__ NA__</td>
</tr>
</tbody>
</table>

**Bedside commode available if nighttime trips to bathroom are difficult (T)**

<table>
<thead>
<tr>
<th>Suggestions: Doctor to prescribe commode __ other __</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y__ N__ NA__</td>
</tr>
</tbody>
</table>
## Communication

<table>
<thead>
<tr>
<th><strong>Telephone next to bed is usable by client</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: large print dial overlay ____ new phone/large type ____ hearing impaired phone or flashing light adaptor ____ voice activated service ____ furniture rearranged ____ other ____</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Doorbell can be heard by client in bedroom</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: plug-in remote doorbell ____ doorbell with flashing light ____ other ____</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

## Flooring

<table>
<thead>
<tr>
<th><strong>Lamp, extension &amp; telephone cords are located outside of walking path</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: furniture re-arranged ____ cords relocated ____ outlets installed or repaired ____ other ____</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Area rugs in walking path are taped to floor with double-sided tape or have a non-slip pad</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: tape rugs to floor ____ purchase non-slip pad ____ remove rugs ____ other ____</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>The flooring is free from rips &amp; holes</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: carpet removed/repaired ____ flooring patched ____ other ____</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

## Furniture & Storage

<table>
<thead>
<tr>
<th><strong>Furniture is stable for support if client holds or leans on while ambulating (T)</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: cane/walker ____ furniture replaced/repaired ____ castors removed ____ other ____</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Doorknobs/furniture knobs are easy-to-use</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: Install &quot;C&quot; shaped handles ____ textured hand grip over doorknobs ____ lever adaptor ____ other ____</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Floors &amp; tabletops are free of clutter</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: clutter organized/removed ____ new dresser/night table ____ drawers repaired ____ other ____</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td><strong>Closet clothing is accessible without client standing on tiptoes or chair</strong></td>
<td></td>
</tr>
<tr>
<td>---</td>
<td></td>
</tr>
<tr>
<td>Suggestions: hanging pole lowered ___ clothing rearranged ___ new door or door removed ___ hanging shoe bag ___ stepstool with handle ___ other ___</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Lighting</strong> (turn on all lights)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>Pathway to bathroom is lit at night</strong> (by nightlights, flashlight or light left on)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: install automatic nightlights ___ battery sensor light ___ lighted switchplate ___ other ___</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Light switch at door entrance or light left on</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: wireless switch ___ switch repaired ___ other ___</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Bedside lamp(s) is usable by client</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: new lightbulb ___ lamp(s) repaired ___ new lamp(s) ___ lamp(s) moved ___ tabletop pad switch ___ or touch turn-on ___ switch repaired or installed ___ other ___</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Lighting is adequate to client</strong> (make recommendations if there are significant dark areas with lights on)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: new light bulbs ___ lamp(s) repaired ___ new lamp(s) ___ lamp(s) relocated ___ other ___</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Seating</strong></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>Chair is easy to get in/out of, firm seat, not too deep or low, arms on both sides (T)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: new chair ___ leg extenders ___ back or seat cushion refilled or replaced ___ other ___</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>If wheelchair is used, it has a pressure relief seat cushion (not patient’s own seat pillow) (T)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: Contact doctor for prescription ___ other ___</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Windows</strong></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>Client can easily open/close at least one window</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: reduce tension in window frame rods ___ remove paint ___ reorganize furniture ___ other ___</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Client can easily open/close blinds or shades</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: shades/blinds fixed ___ new shades/blinds ___ furniture relocated ___ other ___</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>
### Hallway

**Client Uses Hallway**

- **Y**
- **N**
- **NA**

<table>
<thead>
<tr>
<th>Location: __________________________</th>
</tr>
</thead>
</table>

#### Hallway lighting is adequate to client

- (make recommendations if there are significant dark areas with lights on)
- Suggestions: new light bulbs __  new fixture __  automatic sensor switch __  lighted switch __
- Resource:

<table>
<thead>
<tr>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

#### Hallways are free from clutter & flooring is free of rips & holes

- Suggestions: remove clutter __  flooring to be removed __,  replaced __,  or  repaired __
- Resource:

<table>
<thead>
<tr>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

#### Area rug is taped to floor with double-sided tape or has non-skid pad

- Suggestions: tape rug to floor __  purchase non-skid pad __  remove rug __  other __
- Resource:

<table>
<thead>
<tr>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

### Hallway (ask client if you can turn on lights)

<table>
<thead>
<tr>
<th>Location: __________________________</th>
</tr>
</thead>
</table>

#### Hallway lighting is adequate to client

- (make recommendations if there are significant dark areas with lights on)
- Suggestions: new light bulbs __  new fixture __  automatic sensor switch __  lighted switch __
- Resource:

<table>
<thead>
<tr>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

#### Hallways are free from clutter & flooring is free of rips & holes

- Suggestions: remove clutter __  flooring to be removed __,  replaced __, or  repaired __
- Resource:

<table>
<thead>
<tr>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>

#### Area rug is taped to floor with double-sided tape or has non-skid pad

- Suggestions: tape rug to floor __  purchase non-skid pad __  remove rug __  other __
- Resource:

<table>
<thead>
<tr>
<th>Y</th>
<th>N</th>
<th>NA</th>
</tr>
</thead>
</table>
### Bathroom

#### Client Uses Bathroom

<table>
<thead>
<tr>
<th><strong>Accessibility</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Client can get in/out of room without bumping/tripping into anything (T)</strong></td>
<td>❌</td>
</tr>
<tr>
<td>Suggestions: Remove doorsill __, door frame __, door __, or clutter __ furniture re-arranged __</td>
<td>❌</td>
</tr>
<tr>
<td>Install offset-hinges __ purchase/install curtain for door __ other __</td>
<td>❌</td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Sink is accessible</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: remove vanity __ raise or lower sink __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

#### Toileting

<table>
<thead>
<tr>
<th><strong>Observation:</strong> raised toilet seat __ with attached grab bars __ toilet safety frame __ grab bar on wall __ other __</th>
<th>❌</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>Client can easily get on &amp; off the toilet (T)</strong></th>
<th>❌</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: raised seat __ with attached grab bars __ toilet safety frame __ grab bar on wall __ other __</td>
<td>❌</td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Toilet paper roll is easy to use &amp; less than one outstretched arm distance from toilet</strong></th>
<th>❌</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: new roll __ relocate roll __ attachable bidet __ other __</td>
<td>❌</td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

#### Bathing

<table>
<thead>
<tr>
<th><strong>Observation:</strong> wall grab bar on back wall __ &amp; side tub wall __ tub seat __</th>
<th>❌</th>
</tr>
</thead>
<tbody>
<tr>
<td>We do not recommend tub mounted grab bars as they can easily detach.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Client lowers into bathtub or showers</strong></th>
<th>❌</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: check stability of wall surface &amp; order/install grab bars along back __ &amp; inner tub wall __ contrasting color __ tub bench/hand-held shower hose __ shower curtain __ bath lift __</td>
<td>❌</td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Client can easily reach/use faucets &amp; controls</strong></th>
<th>❌</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: lever adaptors __ hand-held shower hose __ hook at lower height __ other __</td>
<td>❌</td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>For frail elders at risk, anti-scald valves are installed in showerhead &amp;/or bathtub spout</strong></th>
<th>❌</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: install showerhead valve __ or bathtub spout __ other __</td>
<td>❌</td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

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### Non-skid safety treads or mat on bottom of bathtub
Suggestions: install treads/mat __ other __
Resource:

![Y__ N__ NA__](#)

### Flooring

<table>
<thead>
<tr>
<th>Bathroom flooring is non-skid (not slippery) with matte finish with no holes or rips</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: no wax or non skid wax used __ flooring repaired __ new flooring __ other__</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

![Y__ N__ NA__](#)

<table>
<thead>
<tr>
<th>Bathroom floor mat is non-skid with intact backing &amp; hung on side of tub when not in use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: new floor bath mat __ hang up floor bath mat__</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

![Y__ N__ NA__](#)

<table>
<thead>
<tr>
<th>Floor surface is free from clutter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: remove clutter __ other __</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

![Y__ N__ NA__](#)

### Sink Area

<table>
<thead>
<tr>
<th>Faucets are easy-to-use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: faucet adaptors __ non-flood faucets (for memory impaired) __ other__</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

![Y__ N__ NA__](#)

<table>
<thead>
<tr>
<th>Client can reach medicine cabinet</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: supplies rearranged __ shelf installed __ medicine cabinet lowered __ other__</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

![Y__ N__ NA__](#)

### Lighting (assessor, ask client if you can turn on all lights)

<table>
<thead>
<tr>
<th>Lighting is adequate to client</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: new light bulb(s) __ fixture(s) repaired __ new light switch __ or outlet repaired __ new fixture(s) __ switch extender __ other __</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

![Y__ N__ NA__](#)

<table>
<thead>
<tr>
<th>Nightlight is used (or flashlight or light left on)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: automatic nightlights __ battery sensor light __ lighted switchplate __ other__</td>
</tr>
<tr>
<td>Resource:</td>
</tr>
</tbody>
</table>

![Y__ N__ NA__](#)
### Kitchen

#### Accessibility

<table>
<thead>
<tr>
<th>Client moves in/out &amp; through the room without bumping/ tripping into anything (T)</th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: remove: doorsill __, door frame __, door __, or clutter __ install offset-hinges __ re-arrange furniture __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Client has access to sink &amp; to food preparation areas</th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions:  bottom cabinet removed __  cabinet under sink removed __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

#### Flooring

<table>
<thead>
<tr>
<th>Kitchen flooring is non-skid (not slippery) with matte finish with no holes or rips</th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: no wax or non-skid wax used __ flooring repaired __ new flooring __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

#### Storage

<table>
<thead>
<tr>
<th>Client can easily access needed food &amp; supplies</th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: organize supplies __ reacher __ lazy susans __ “C” handles __ loop strap on refrigerator __ tape on refrigerator door gasket __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

#### Cooking & Serving

<table>
<thead>
<tr>
<th>Faucets are easy-to-use</th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: faucet adaptors __ non-flood faucets (for memory impaired) __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Client can easily use appliances pots/pans (T)</th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: appliance repair __ new microwave __ new toaster oven __ automatic coffee maker __ tactile dots __ large print dials __ pan/handles both sides __ pan/flat bottom __ flame retardant pot holder __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Client can easily use utensils &amp; plate (T)</th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: large handled utensils__ rocking knife__ can opener __ color contrast plate with scoop edge __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td><strong>Client can easily transfer food from kitchen to table (T)</strong></td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>-------------------------------------------------------------</td>
<td>--------------</td>
</tr>
<tr>
<td>Suggestions: wheeled cart __ attachable tray for walker or wheelchair __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Stove area is clear of grease, towels &amp; flammable materials</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: cleaning service needed __ rearrange materials __ new hooks __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

**Client Education:** For fire safety, do not cook in clothing with long loose sleeves

**Lighting** *(assessor, ask client if you can turn on all lights)*

<table>
<thead>
<tr>
<th><strong>Lighting is adequate to client</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>(make recommendations if there are significant dark areas with lights on)</em></td>
<td></td>
</tr>
<tr>
<td>Suggestions: new lightbulbs __ lamp(s) repaired __ new fixture(s) __ battery-operated undercounter lights __ switch or outlet repaired __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

**Indoor Stairs**

<table>
<thead>
<tr>
<th><strong>Stairs are in good repair &amp; usable by client</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: install handrails on one side __ install handrails on both sides __ re-anchor handrails __ remove clutter __ repair stairs __ remove carpeting __ install low pile carpeting __ install lift __ install chair glide __ relocate washer/dryer to first floor __ relocate sleeping quarters to first floor __ install bathroom on first floor __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Edges of steps and landing are clearly visible</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: install lighting/light switches __ install color contrast paint/tape on step edge __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

**Outdoors: Walkways, Porch, Stairs, & Door**

<table>
<thead>
<tr>
<th><strong>Approach to house is adequate &amp; well lit</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: repair walkways __ yardwork needed __ install outdoor lighting __ remove clutter __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Stairs are usable by client</strong></th>
<th>Y__ N__ NA__</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suggestions: install handrails on one side __ install handrails on both sides __ re-anchor handrails __ remove clutter __ repair stairs __ install lift __ install chair glide __ install or repair ramp __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Staircase, edges of steps &amp; landing are clearly visible</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>--------------------------------------------------------</td>
<td>-------------</td>
</tr>
<tr>
<td>Suggestions: install lighting __ install color contrast paint/tape on step edge __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Porch has adequate railing, floor surface &amp; lighting</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>Suggestions: install/repair railing __ install lighting __ repair/replace flooring __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Client can easily open/close door, open/close deadbolt &amp; other locks, enter/exit dwelling, view visitors</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>Suggestions: new doorknob __ repair/replace lock __ new door __ new peephole __ replace/remove threshold __ new light fixture __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Door bell is in working order &amp; heard by client</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>Suggestions: replace doorbell __ install remote doorbell __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
</tr>
<tr>
<td>Extension cord/outlet strip with circuit breaker is used with multiple fixtures</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>Suggestions: new extension cord/outlet strip __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Client uses pillbox that is easy to read &amp; use</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>Suggestions: weekly multiple compartment pill __ automatic dispenser __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Walls &amp; ceilings are free of holes &amp; peeling paint</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>Suggestions: repair __ repaint __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Smoke detector is in working order</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>Suggestions: replace battery __ replace detector __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Temperature is comfortable to client (not overly hot or cold to assessor)</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>Suggestions: repair windows __ repair or purchase air conditioner __ install large numeral thermostat __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>The dwelling is free of excess clutter and noxious odors</td>
<td>Y__ N__ NA__</td>
</tr>
<tr>
<td>Suggestions: cleaning service __ other __</td>
<td></td>
</tr>
<tr>
<td>Resource:</td>
<td></td>
</tr>
<tr>
<td>Issue</td>
<td>Suggestions</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>--------------------------------------------------</td>
</tr>
<tr>
<td>Food bowls &amp; kitty litter are out of circulation path</td>
<td>set food bowls on table __ relocate bowls or kitty litter __</td>
</tr>
<tr>
<td>Client wears footwear that have closed backs &amp; medium thickness treads</td>
<td>new shoes/slippers needed __ elastic shoelaces __</td>
</tr>
<tr>
<td>Client uses glass ashtray (4”-6”) with cutouts for cigarettes</td>
<td>new ashtray __</td>
</tr>
<tr>
<td>Frail or at risk clients have a personal emergency response system</td>
<td>contact doctor for Medicaid prescription __ other __</td>
</tr>
</tbody>
</table>
# Follow-Up

<table>
<thead>
<tr>
<th>Bathroom</th>
<th>Kitchen</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Bedroom</th>
<th>Living Room</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Stairs, Indoors</th>
<th>Outdoors, Including Stairs</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

We gratefully acknowledge the support of the Isaac H. Tuttle Fund and the Ira M. Resnick Foundation.

October 1, 2005