



Meet Ashley, newest staff member pg2



Local churches pitch in to serve pg3

VOLUME 33 | NO 1 | SPRING 2018



# FIRST CHOICE

WOMEN'S MEDICAL CENTER

## FATHERS FIRST Ministry Growth

We are so excited to see our ministry to men taking steps to becoming more established. Our monthly Fathers First session in February had five men attend, plus their partners, plus some male volunteers. The room was packed and we are thankful for the opportunities this gives for new dads to connect with other men who can model the role of a father.

We thought you might be interested in hearing some of the topics that are covered... each session starts with a meal and a teaching on some issue relevant to fathers (taught by a father, of course), and is followed by a group discussion.



From our February group session of Fathers First... we are thankful to see God at work in these men's lives!

### 2018 FATHERS FIRST SCHEDULE:

<b>JANUARY:</b>	Family	<b>JULY:</b>	Child Development
<b>FEBRUARY:</b>	Masculinity and Fatherhood	<b>AUGUST:</b>	Infant CPR
<b>MARCH:</b>	A Father's Role in the Child's Education	<b>SEPTEMBER:</b>	Raising Girls & Boys
<b>APRIL:</b>	Finance	<b>OCTOBER:</b>	Car Seat Safety
<b>MAY:</b>	Fathering Skills	<b>NOVEMBER:</b>	Discipline
<b>JUNE:</b>	"Ask the Pediatrician"—Infant care and first aid	<b>DECEMBER:</b>	Christmas Party

## CHOOSE LIFE ALABAMA!

Don't forget—you can make a difference for life when you go to renew your car tag! When you purchase a Choose Life tag, the proceeds go to benefit First Choice and other pro-life agencies here in the River Region. So, be sure to remember your Choose Life license plate!



# Baby Bottle Boomerang

# Thanks!



Many thanks to the churches that participated in our Baby Bottle Boomerang in celebration of Sanctity of Human Life Sunday. Altogether, we were able to raise **\$5,239.81**... and counting! We're looking forward to more churches joining in for Mother's Day and Father's Day—if you think your church would be interested, contact Kathy at [kkay@firstchoicewmc.com](mailto:kkay@firstchoicewmc.com).

Vaughn Forest Church

Catoma Baptist Church

Grace Presbyterian Church

Dalraida Baptist Church

Southlawn Baptist Church

Covenant Presbyterian Church

Young Meadows

Presbyterian Church

## Meet Ashley!

We would love for you to meet Ashley Dean, our newest staff member. Ashley started as our nurse manager in early March. Ashley is from Montgomery originally, and graduated from nursing school at AUM in 2009. She has been married to her husband Patrick for almost nine years. Ashley is still learning the ropes here at First Choice, but we're excited to have her as a part of our team. As nurse manager, she will primarily provide oversight and administrative support for our medical services. She said she is most excited about the chance she has here to give new, expecting moms comfort and love during what might be the most frightening time of their lives. Ashley said, "I believe the Lord has offered me a new opportunity to grow in my nursing career with the challenge of becoming the nurse manager here at First Choice."



## Door of Hope Retreat

Did you know that, according to the Guttmacher Institute (the research arm of Planned Parenthood) one out of every three women in the United States will have experienced an abortion by the age of 45? The numbers are staggering. We realize that many of these are women who are sitting in churches, silenced by shame and regret, not knowing where to turn to find hope and healing.

We are excited to share that this March is our first ever Door of Hope Retreat weekend. We can't wait to report back to you what God has done through this. We took a step of faith believing that God was leading us to expand our ministry to women who had experienced abortions in their past. For many years, we have done group Bible studies or one-on-one sessions for women to help them find healing, forgiveness and freedom from any shame from a past abortion. This spring, we started our first-ever weekend retreat for the same purpose.

If you know someone who would benefit from our HOPE group or a future Door of Hope weekend retreat, please have them contact Kathy Kay, our Client Care Coordinator. Participation is strictly confidential. Kathy can be reached at **334.260.8010** or [kkay@firstchoicewmc.com](mailto:kkay@firstchoicewmc.com).



**FIRST CHOICE**  
WOMEN'S MEDICAL CENTER

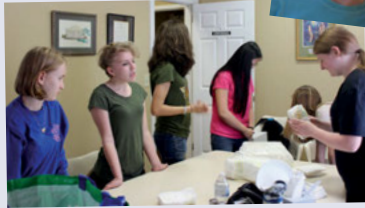
Proud member of:  
**CARE**NET



## Don't Forget!

As of 2018, our name has officially changed to **First Choice Women's Medical Center**. If you give through your bank/online bill pay, you'll need to update our name... thanks for your support!

# Thanks for Serving!



We are so grateful for churches and groups that choose to serve our ministry through one-time service projects. In February, youth from Eastmont Baptist Church and Taylor Road Baptist Church came during their Disciple Now weekends to serve our ministry by doing landscaping, cleaning, and other projects around the center. We can't say thank you enough!

## One mom's testimony

We wanted to share with you this testimony from one of our moms who has been visiting our center for more than a year. She recently wrote up her story and gave it to us... we didn't even ask for it. It blessed us to hear how much we have helped her, and thought it would be encouraging for you—our supporters—to hear as well!

*On February 14, 2017 exactly two weeks after our initial doctor's appointment where we had a negative pregnancy test, we confirmed by home test that I was pregnant. We were in disbelief and looked online and found First Choice Women's Medical Center. At our first visit we were greeted by friendly staff. They gave us another pregnancy test which came back positive as well. We were thrilled and scared at the same time. What would my parents think about me having a baby out of wedlock? How could two kids themselves care for another kid? The ladies at First Choice Women's Medical Center prayed with us which no other doctor's office did. They encouraged us, and we left feeling like we had to go back. We returned a week or so later and had our first ultrasound. We were already eight weeks pregnant. Again they prayed for us and with us. We left with a bag full of informational books and also monetary vouchers to come back and go shopping in their store again. We felt the need—more like a pull—to come back.*

*We came back almost every week and would have come twice a week if they'd let us! They became our second family we talked about everything*

*with them. From the growth of our baby, my fears of becoming a mom, and our relationship. We considered going to these classes as our therapy. We'd go to a class where we would learn different things each week about the baby and about each other as a couple, we would pray then go upstairs and go shopping—my favorite. After we would leave we would go get lunch and reflect on the things we took from class. It really brought us together we would forget about anything going on in life and focus on us and our baby for about thirty minutes. Over the course of my pregnancy we became close to Jenna, a Godsend. She was the first to know about the gender of our baby—a girl which I always dreamed of having. We had to stop coming to classes due to health reasons, but Jenna continued to call just to check on us and to see when we were coming back to classes, and invite us to Bible study. Our whole experience with First Choice Women's Medical Center was great from the first day though we don't go as often as we want. I tell every young mom to go and experience what we did.*

## Board & Staff

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Amy Luck,  
Betty Roebuck,  
Libby Verble  
STAFF NURSES

Stories like hers are possible because of the way you invest in this ministry. Thank you!



First Choice WMC

# Memorials & Honorariums

October 3, 2017 – March 14, 2018

## MEMORIAL

**Peggy Allen**  
Kathy Arant

**Isal Anderson**  
Wendy Finkelstein  
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**Richard Fuller**  
Foch & Lori Smart

**Doug Finlay**  
Mary Horton

**Baby Ruby Mae Geiger**  
Brad & Pamela Shields

**Mae Carroll Gordon**  
Tony & Iva Kate Hopper

**Frances Mignon Hand**  
Martha Nelson

**Carol Brewbaker Hodges**  
John & Kaye Collett  
Doug & Becky Woodruff

**Britt Howard**  
Barry & Laura Leavell  
Wayne Parker

**Dr. Alex Johnson**  
Terry & Sheryl Treadwell

**Norma Johnson**  
**David Smith**  
Ethel Boykin

**John Kocher**  
Joan Dana  
Debbie Johnson

**Jim Miller**  
Larry & Cecelia Armstrong

**W. B. "Dub" Mitchell**  
Jackson Thornton & Co., P.C.  
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Dr. & Mrs. Thomas H. Williams

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**Ken Pressley**  
Diana Norwood

**Paul Sims**  
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Larry & Julianne Curvin  
Bill & Carolyn Daugherty  
Stephen & Rosemary Johnson  
Jim & Deborah Lee  
Gaeton & Cindy Lorino  
D. G. & Debbie Markwell  
Joe D. & Donna McClinton  
Larry & Jane Morgan  
Harry & Caroline Nelson  
Darrell & Linda Pearson  
Foch & Lori Smart  
Sandra Stone  
Jay R. Smith Coworkers  
Tad Smith

**Roy Stone**  
Tad Smith

**Priscilla Sutton**  
Debbie Johnson

**Terry Taylor**  
Judy Kemp  
Tad Smith

**Wallace Tidmore**  
Raymond & Ethel Boykin

**Peggy Lee Williams**  
Julie Saunders

**Marvin Wilson**  
Evelyn Wilson

**Anthony Winston**  
Leah Winston

**Jeremiah Wofford**  
Wallace & Anne Tidmore

## HONORARIUM

**Larry & Cecelia Armstrong**  
Gil & Gail Landers

**Pastor J. Warren Culver**  
**Pastor Appreciation**  
Brad & Pamela Shields

**Virginia Evers**  
Bobbie Ames

**Hollon Ellis Harrison**  
(Her Birth)  
**Richard Lawrence Miller**  
(His Birth)  
**Maisie Grace Pillsbury**  
(Her Birth)  
John & Kaye Collett

**Debbie Johnson**  
Terry & Sheryl Treadwell

**Daniel & Rayna Meadows**  
Charlotte Meadows

**Melanie Papke**  
Carter Papke

**Michael & Lorna Schrier**  
**With Gratitude**  
Jeanne Riley

**Don Smith**  
Kathy Smith

**Three Adopted**  
**Grandchildren**  
**One Soon To Be Adopted**  
**from China**  
Ellie Ficken

## BIRTHDAY

**Ann Albritton**  
Her Grandchildren

**Isal Anderson**  
**In Memory of her Birthday**  
Wendy Finkelstein

**Charlotte Brown**  
Joy J. Suenson

**Sandy Frederick**  
Teresa Stanley

**Carol Ann Hawkins**  
Neal & Gwen Westbrook

**Ellison Joye**  
Ed & Beverly Patterson

**Mrs. Margie Marvil**  
Mr. & Mrs. Richard Babington

**Gabriel A. Pass**  
**Happy 6th Birthday**  
Mr. & Mrs. Ron Pass

**Betty Roebuck**  
Jean Beverly

## MERRY CHRISTMAS

**Mr. & Mrs. John Albritton**  
**Mr. & Mrs. Fred Blackmon**  
**Dr. & Mrs. Lewis Chapman**  
**Mr. & Mrs. George Clements**  
**Mr. & Mrs. John Collett**  
**Mr. & Mrs. Dick Garrett**  
**Mr. & Mrs. Ned Hersman**  
**Mrs. Cindy Kessler**  
**Mr. & Mrs. John Noble, Jr.**  
**Mr. & Mrs. Mabry Phillips, Jr.**  
**Mrs. Dan Rhyme**  
**Mr. & Mrs. Robert Sasser**  
**Dr. & Mrs. Mike Schrier**  
**Miss Daphne Simpkins**  
**Mr. & Mrs. John Stallings**  
Cam Fox

**Todd & Andria Alexander**  
**Mr. Adam Coppock**  
**Miss Hannah Finch**  
**Mrs. Christy Kreitz**  
**Mrs. Chin Mei Li**  
**Mrs. Laura Parker**  
**Mrs. Jana Turner**  
"Thank you for teaching our children"  
Brad & Lacey Thomas

**Mr. Don Ashworth**  
**Mr. James Brown**  
**Ms. Tracey Brown**  
**Dr. & Mrs. John Gamble**  
**Mrs. John Seale**  
Billy & Ann McQueen

**Lee Bloodworth & Family**  
Mary Wiggins

**Dr. & Mrs. Eugene Brown**  
**Mr. & Mrs. John Collett**  
**Mrs. Steve Fox**

**Mrs. Warren Goodwyn**  
**Mr. & Mrs. Ned Hersman**  
**Mr. & Mrs. Dick Hodges**  
**Mr. & Mrs. Watkins Johnston**  
**Mr. & Mrs. Jerry Marvil**  
**Dr. & Mrs. Michael Schrier**  
Jack & Susan Noble

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**Twinkle Andress Cavanaugh**  
**Justice Glenn Murdock**  
**Justice Tom Parker**  
**Chief Justice Lyn Stuart**  
**Honorable Julie Weller**  
Justice Kelli Wise

**Preston & Glennie Byrd**  
**Scott & Amy Dickson**  
**Brandon & Leslie Ann Hood**  
**Pat Jellison**  
**John & Faye Stewart**  
Sandi Stone

**Judge & Mrs. John L. Capell**  
John & Lisa Capell

**Georgia Carroll**  
**Cam Fox**  
**Ned & Janice Hersman**  
**Ben & Katherine Pool**  
**Olivia Williams**  
John & Gypsey Capell

**Ed & Janice Cathey**  
**Bill & JoAnn Greer**  
**Trent & Shae Harrell**  
**Gary & Beverly Hollister**  
**Bill & Barbara Kent**  
**Andy & Blake Kizlauskas**  
**Lee & Ginger Mathews**  
**Jimmy & Betty Spencer**  
Sam & Emily Cooper

**Dr. William & Marcie Cornwell**  
Mrs. Audrey Pierson

**Cam Fox**  
**Guin Nance**  
**Daphne Simpkins**  
Mr. & Mrs. Alan Worrell

**Cam Fox**  
**Patty Seale**  
Bubba & Gay Phillips

**Bill & Jane Harper**  
**Billy & Ann McQueen**  
Charles & Sylvia Borden

**Jack Hornady**  
Wallace & Anne Tidmore

**Inez Kennett**  
Wendy Finkelstein

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Mr. & Mrs. John Laughlin

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**Terry & Diane Mitchell**  
**Matt & Suzanne Satcher**  
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Rick Roney

**Harold & Sally Nichols**  
**Jerry & Connie Noland**  
**Peggy Phelps**  
**Mike & Twyla Williams**  
Guy & Ginger Phelps

**Betsy & Michael Prince**  
Mal & Betty Roebuck

**Seth & Megan Rhodebeck**  
Constance Rhodebeck

**Don & Kathy Smith**  
Nathan Smith

**Roger & Penny Teel**  
Brad & Pamela Shields